



Inspiring all girls to be  
strong, smart, and bold

**Girls Inc. of Greater Santa Barbara  
Camp Ignite  
Summer 2018**

*Girls will have the opportunity to explore each of these weekly themes through a variety of activities that include **cooking, art, sports, reading, science, computers, and the performing arts.***

**Week #1                  June 18-22 –We Are Fueled!**

Girls have the right to accept and appreciate their bodies and there is no better way to do that than to fuel them with healthy and nutritious foods. Fuel up and learn to appreciate your body for all the amazing things it can do. Friday Fun Day: Cristeta Comerford<sup>1</sup> Day—Test your coordination and strength at our Girls Inc. Carnival!

**Week #2                  June 25-29 – We Are STEMinist!**

From chemistry in the kitchen to physics on the sports field, girls will discover firsthand how science is a part of everything we do. Girls learn science, engineering, robotics, architecture, and construction while using their design skills in creative and innovative ways. Full STEAM ahead! Friday Fun Day: Mae C. Jemison<sup>2</sup> Day—To infinity and beyond at our Girls Inc. STEM Fair!

**Week #3                  July 2-July 6 – We Are Diverse!**

Community, inclusion, and advocacy are the words of the week as girls learn about differences in culture, customs, appearances, abilities, and lifestyles. Friday Fun Day: Sonia Sotomayor<sup>3</sup> Day—Embrace one another’s uniqueness at our Girls Inc. Diversity University!

**Week #4                  July 9-13 – We Are Active!**

Girls bounce, hop, and leap their way to fitness, positive body images, and tools for maintaining healthy lifestyles. Friday Fun Day: Laurie Hernandez<sup>4</sup>—Stretch, dance, and move your body at our Girls Inc. Olympics!

**Week #5                    July 16-20 – We Are Future Focused!**

Choose your own adventure! Girls learn the possibilities that await them in the years ahead, with a spotlight on interesting careers and exciting journeys.

Friday Fun Day: Sheryl Sandberg<sup>5</sup> Day—Lean In and explore new careers at our Girls Inc. Job-A-Thon!

**Week #6                    July 23-27 – We Are Resilient!**

Exhale. Girls experience the rewards of thinking positively, relieving stress, and making healthy choices. They will take a breath, stretch, and relax as they combine active play with ways to chill out.

Friday Fun Day: Michelle Obama<sup>6</sup> Day—Feed your body, mind, and soul at our Girls Inc. Wellness Academy!

**Week #7                    July 30-August 3 – We Are Innovators!**

Be curious, ask questions, ignite passion, and explore your creativity as you invent and make objects that move, design items to wear, and make clever creations that can solve problems.

Friday Fun Day: Stephanie Kwolek<sup>7</sup> Day—Make something unique and new at our Girls Inc. MakerFaire!

**Week #8                    August 6-August 10 – We Are Girls Inc.!**

Girls share a special performance and a meal with family and friends at our end-of-summer celebration. As the week closes, girls say farewell to summer and to the community of friends and staff who inspired them to be strong, smart, and bold!

Friday Fun Day: Diana Nyad<sup>8</sup> Day—Time to get wet at our Girls Inc. Extreme Water Day!

<sup>1</sup>Cristeta Comeford: First Female White House Chef

<sup>2</sup>Mae C. Jemison: First African American Astronaut

<sup>3</sup>Sonia Sotomayor: First Latina Supreme Court Justice

<sup>4</sup>Laure Hernandez: Gold Medal Gymnast

<sup>5</sup>Sheryl Sandberg: Business Executive and Author

<sup>6</sup>Michelle Obama: First Lady and Founder of *Let's Move!* Initiative

<sup>7</sup>Stephanie Kwolek: Inventor of Kevlar (used in bullet-proof vests)

<sup>8</sup>Diana Nyad: Long-Distance Swimmer