

# FALL GYMNASTICS 2017

**Monday**

|  |             |
|--|-------------|
| Bronze Stars (3-4)                     | 2:30 - 3:15 |
| Bronze Stars (4-5)                     | 3:15 - 4:00 |
| Bronze Stars (5-6)                     | 3:30 - 4:30 |
| Bronze Stars (7-10)                    | 3:30 - 4:30 |
| Silver Stars (5-6)*                    | 3:30 - 5:00 |
| Silver Stars (7-10)*                   | 4:00 - 5:30 |
| Bronze Stars (5-6)                     | 4:30 - 5:30 |
| Platinum & Diamond Stars (3,4,5, Opt)* | 4:00 - 7:30 |

**Tuesday**

|                               |               |
|-------------------------------|---------------|
| Mini Stars (18mo-3) PP        | 10:00 - 10:45 |
| Bronze Stars (3-4)            | 10:00 - 10:45 |
| Mini Stars (18mo-3) PP        | 11:00 - 11:45 |
| Bronze Stars (3-4)            | 11:00 - 11:45 |
| Silver Stars (3-4)*           | 12:00 - 1:15  |
| SBCB Cheer                    | 1:00 - 3:00   |
| Bronze Stars (4-5)            | 3:15 - 4:00   |
| Gold Stars (3-4)*             | 3:15 - 4:30   |
| Boys Tumbling                 | 3:30 - 4:30   |
| Bronze Stars (5-6)            | 3:30 - 4:30   |
| Bronze Stars (7-10)           | 3:30 - 4:30   |
| Silver Stars (7-10)           | 4:00 - 5:30   |
| Gold Stars (5-6)*             | 4:00 - 6:00   |
| Gold Stars (7-10)*            | 4:00 - 6:00   |
| Bronze Stars (7-10)           | 4:30 - 5:30   |
| Adv. Gold Stars I (PreTeam)*  | 4:30 - 7:30   |
| Silver/Gold Stars (11+)*      | 5:30 - 7:30   |
| Platinum Stars (Level 5-Opt)* | 4:00 - 8:30   |
| Open Gym (H.S.)               | 7:30 - 8:30   |

**Wednesday**

|                                     |             |
|-------------------------------------|-------------|
| GVC Kindies                         | 2:30 - 3:30 |
| Bronze Stars (5-6)                  | 2:30 - 3:30 |
| SBC Kindies                         | 3:00 - 4:00 |
| Bronze Stars (5-6)                  | 3:30 - 4:30 |
| Silver Stars (5-6)*                 | 3:30 - 5:00 |
| Silver Stars (7-10)*                | 4:00 - 5:30 |
| SBC Older                           | 4:00 - 5:00 |
| Bronze Stars (7-10)                 | 4:30 - 5:30 |
| Gold (Non-Competitive, Skill Req.)* | 5:00 - 7:00 |
| Strength & Tumbling (10+)           | 5:30 - 7:00 |
| Diamond Stars (Level 3 & 4)*        | 4:00 - 7:30 |

**Thursday**

|                                 |               |
|---------------------------------|---------------|
| Mini Stars Playtime (18mo-3) PP | 10:00 - 10:45 |
| Bronze Stars (3-4)              | 10:00 - 10:45 |
| Mini Stars Playtime (18mo-3) PP | 11:00 - 11:45 |
| Bronze Stars (3-4)              | 11:00 - 11:45 |
| Silver Stars (3-4)*             | 12:00 - 1:15  |
| SBCB Cheer                      | 1:00 - 3:00   |
| Bronze Stars (4-5)              | 3:15 - 4:00   |
| Gold Stars (3-4)*               | 3:15 - 4:30   |
| Boys Tumbling                   | 3:30 - 4:30   |
| Bronze Stars (5-6)              | 3:30 - 4:30   |
| Bronze Stars (7-10)             | 3:30 - 4:30   |
| Gold Stars (5-6)*               | 4:00 - 6:00   |
| Gold Stars (7-10)*              | 4:00 - 6:00   |
| SBC Older                       | 4:00 - 5:00   |
| Bronze Stars (7-10)             | 4:30 - 5:30   |
| Adv. Gold Stars I (PreTeam)*    | 4:30 - 7:30   |
| Silver/Gold Stars (11+)*        | 5:30 - 7:30   |
| Platinum Stars (Level 5-Opt)*   | 4:00 - 8:30   |
| Open Gym (17+)                  | 7:30 - 8:30   |

**Friday**

|  |             |
|--|-------------|
| Bronze Stars (3-4)                     | 2:30 - 3:15 |
| SBC Kindies                            | 3:15 - 4:15 |
| Bronze Stars (4-5)                     | 3:15 - 4:00 |
| Bronze Stars (5-6)                     | 3:30 - 4:30 |
| Silver Stars (5-6)*                    | 3:30 - 5:00 |
| GVC Older                              | 4:15 - 5:15 |
| Silver Stars (7-10)*                   | 4:00 - 5:30 |
| Bronze Stars (7-10)                    | 4:30 - 5:30 |
| Platinum & Diamond Stars (3,4,5, Opt)* | 4:00 - 7:30 |

**Saturday**

|                        |               |
|------------------------|---------------|
| Mini Stars (18mo-3) PP | 9:00 - 9:45   |
| Bronze Stars (3-4)     | 9:00 - 9:45   |
| Bronze Stars (4-5)     | 9:45 - 10:30  |
| Bronze Stars (5-6)     | 10:00 - 11:00 |
| Bronze Stars (7-10)    | 10:45 - 11:45 |
| Silver Stars (7-10)*   | 11:15 - 12:45 |
| Bronze Stars (5-6)     | 11:45 - 12:45 |

\*Approval/Recommendation Required by Coach

Session #9: 08/28-09/23  
 Session #10: 09/25-10/21  
 Session #11: 10/23-11/18  
 Session #12: 11/27-12/16  
 Thanksgiving 2-Day Camp: 11/20 & 11/21